

GREAT LAKES HEART & VASCULAR INSTITUTE, P.C.
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NAME

CARDIOLOGIST

DATE/TIME OF TEST

REFERRING PHYSICIAN/DIAGNOSIS

Your physician has ordered one of the tests noted below. We want you to be well informed so we may obtain the most accurate results possible. A receptionist will indicate which test(s) your doctor ordered:

- **NOTE: BRING A CURRENT LIST OF ALL MEDICATIONS WITH THE DOSES.**
- **FOR YOUR SAFETY AND CONVENIENCE, PLEASE WEAR A SEPARATE TOP AND BOTTOM (such as a shirt and pants).**

ECHOCARDIOGRAM: This is a test where high-frequency sound waves (ultrasound) are used to visualize the structures of your heart. The echocardiogram is a versatile test for accurately evaluating the heart for diseases including their risks and complications.

Medications: NO CHANGES, unless directed by your physician
Eating: No restrictions
Test Time: 45 minutes

STRESS OR EXERCISE ECHOCARDIOGRAPHY: This test combines echocardiography (Echo) and electrocardiography (EKG) to indicate how your heart functions with exercise. Echo & EKG images are taken before and after walking on a treadmill, so that your physician can make an accurate diagnosis of how your heart responds under these conditions.

Medications: If you are taking any of the following medications do not take the day of the test until the exam is completed: Tenormin, Atenolol, Lopressor, Metoprolol, Toprol, Coreg, Propanolol, Carvedilol
Eating: A light meal, NO CAFFEINE
Test Time: 45minutes to an hour
WEAR COMFORTABLE WALKING SHOES

DOBUTAMINE ECHOCARDIOGRAPHY: If you are unable to walk on the treadmill your doctor may prescribe this test as it uses a pharmacological agent instead of exercise to increase the workload of your heart.

Medications: If you are taking any of the following medications do not take the day of the test until the exam is completed: Tenormin, Atenolol, Lopressor, Metoprolol, Toprol, Coreg, Propanolol, Carvedilol
Eating: A light meal, NO CAFFEINE
Test Time: 45 minutes to one hour

TEST RESULTS: The results will be forwarded to your primary care physician. Please inquire about the results during your next office visit. If you have any questions, please do not hesitate to ask.