Laboratory

2/25/2022

NEW FORMULA FOR CALCULATING ESTIMATED GLOMERULAR FUNCTION (eGFR)

The Spectrum Health Lakeland Laboratories are proud to announce the adoption of a new formula for calculating estimated glomerular filtration rate (eGFR) that is not race based and has been endorsed by the *National Kidney Foundation (NKF) and the American Society of Nephrology (ASN) Task Force on Reassessing the Inclusion of Race in Diagnosing Kidney Diseases*. The taskforce recommends: "...diagnosing kidney disease using a blood test for creatinine to estimate GFR and a urine test for albumin to calculate albumin to creatinine ratio (uACR). The new approach may report a different eGFR and could alter the stage of kidney diseases in some people. <u>Patients should learn their latest eGFR</u> and <u>uACR</u> to assess if the new eGFR calculations change their kidney disease status or stage."

The new equation will go into effect on March 1, 2022. Normal range of >60 will remain, however, quantitative results for will now be reported of up to 90 mL/min for earlier detection and monitoring of potentially progressing disease.

Ordering information, price and related CPT code will remain unchanged.

For additional information or questions please contact SH Lakeland Laboratory Client Services:

- Call (269) 983-8311
- 1-800-513-9193
- https://www.kidney.org/news/removing-race-estimates-kidney-function
- https://www.kidney.org/news/nkf-and-asn-release-new-way-to-diagnose-kidney-diseases

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