

Lines of HOPE



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A community that cares

Organizations like Caring Circle often have tight budgets during the best of times. While enduring the COVID-19 pandemic has strained resources, the essential services we provide must continue. Caring Circle is part of a nonprofit health system that is grateful for, and reliant upon, community donations. Please help us further our mission to serve people who are frail, elderly, or seriously ill, as well as their caregivers. Consider donating to support one of these specific areas:

Caring Circle—hospice and palliative patient care

Many who need end of life services do not have insurance or the financial means to pay for medical care. Additionally, Medicare does not always provide coverage for a patient who needs to be admitted to a care facility. A donation to Caring Circle helps create meaningful moments by focusing on quality of life and embracing aging, illness, dying, death, and grief healing as a part of living.

Hilda Banyon Compassion Fund

In honor of Caring Circle board member emeritus and long-time philanthropic supporter, Hilda Banyon, Caring Circle established the Hilda Banyon Compassion Fund. Community and memorial donations to the fund will support benevolent care for individuals at the Merlin and Carolyn Hanson Hospice Center who are in need of financial assistance.

Lory's Place expansion

Lory's Place began over 15 years ago and has grown to help nearly 40,000 grieving adults and children. Long overdue for more space, the expansion project is creating a unique environment for grieving adults to engage life with a new perspective, learn new skills, meet new friends, and most of all have a safe harbor to create a new normal. Learn more on page eight.

Be part of something special. Help take this initial expansion concept and broaden it further to encompass opportunities for learning and growing such as cooking, doing laundry, balancing a bank account, learning yoga, and living independently.

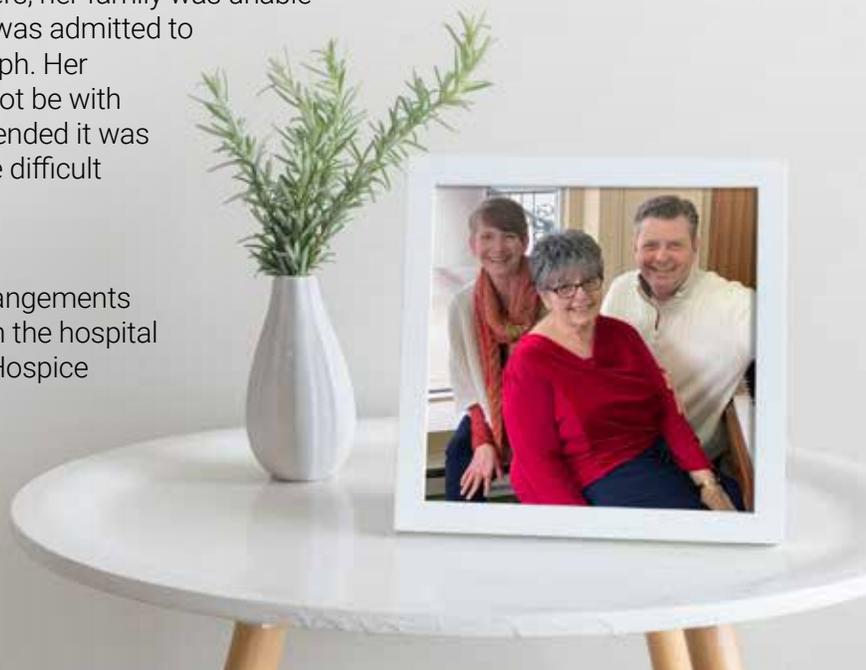
For all available giving opportunities, visit caring-circle.org/donate or call **269.429.7100**

Hospice care during a pandemic

At the start of 2020, Lois Marie Sowerby's health quickly declined. As COVID-19 quarantine regulations increased in senior living centers, her family was unable to visit. Lois' condition continued to worsen, and she was admitted to Spectrum Health Lakeland Medical Center in St. Joseph. Her family was left to navigate care from afar and could not be with her at this delicate time. When Lois' doctors recommended it was time for hospice care, the family was faced with more difficult decisions about what to do next.

The family was introduced to the hospice team at Caring Circle and soon things started to brighten. Arrangements were made for Lois to remain safe and comfortable in the hospital until she could go to the Merlin and Carolyn Hanson Hospice Center. With the utmost compassion and care, Lois' family was able to spend time with her at the Hanson Hospice Center during her final days.

Read more stories of lives cherished and special moments at caring-circle.org/stories



This is

Over the last few months, HouseCalls, a home-based primary care program, worked alongside community agencies such as the Berrien County Health Department, PACE (Program of All-Inclusive Care for the Elderly), and Area Agency on Aging to provide over 1,200 COVID-19 vaccinations to home-based individuals in Southwest Michigan.

Considering the complexity of vaccine doses per vial, and the extremely cold temperatures required for storage, HouseCalls nurses worked with Spectrum Health Lakeland pharmacy staff to develop a plan to effectively schedule, transport, and administer the vaccine in a timely manner to as many home-based

community members and their caregivers who met the eligibility requirements.

While the logistics of this effort may have been challenging at times, everyone involved shared an overwhelming sense of joy in being able to help protect our most vulnerable friends and neighbors from COVID-19.

"We know we are making a difference and saving lives," said Sam Felton, manager of supportive care services at Spectrum Health Lakeland. "The collaboration between multiple agencies and areas of the health system to accomplish a feat like this has been outstanding."

An added layer of protection

Grand Junction resident David Smith is the primary caregiver to his 89-year-old mother Delores and his 91-year-old father Roy. As David's parents started aging, he stepped in to help guide them through the health care system. As his parents' mobility declined and more specialized care was needed, a family friend suggested HouseCalls. David and his parents have been using the service for the past three years.

When David and his parents found out about the COVID-19 home-based vaccination program they jumped at the chance to be vaccinated. Delores compared the COVID-19 vaccine to her memories of when the polio vaccine was developed and the sense of relief both were able to bring.

Besides a sore arm, everyone in the Smith family reported no side effects from the vaccine and are grateful to have the added layer of protection it provides.



Interested in being vaccinated?

Find a time and location that works for you, visit spectrumhealthlakeland.org/vaccine or bchdmi.org/covid19

big.



A rewarding experience

Dwan Spriggs' mother volunteered with Caring Circle until she died last September. When Dwan heard that Caring Circle was looking for volunteer registered nurses to help administer the COVID-19 vaccine in homes, she immediately signed up in honor of her mother.

Dwan's favorite part about giving the vaccine is the 15 minutes she is required to wait with the patient afterward to make sure there are no adverse side effects. She loves talking with and making a genuine connection with each person she meets. She also shared that she doesn't miss an opportunity to visit with any of the family pets and will happily show off pictures of her "pups" as well.

"Being able to provide vaccinations to people who are home-based has been a rewarding experience that I am so appreciative to be a part of," said Dwan.



Community members share their "why" for getting a COVID-19 vaccination.

Benton Harbor resident, Velma Shaw, signed up to receive a COVID-19 vaccination as soon as she was able to, and encouraged her twin sister, Thelma, to do the same. Both sisters have lost people close to them from COVID-19 and wanted to do their part to protect themselves and their family by getting vaccinated.

Velma's daughter, Rosemary Edwards, works for HouseCalls and was able to help Velma, and her aunt Thelma, sign up for an appointment during a community vaccination clinic. Velma's powerful advice to others: "Don't be afraid. Get the shot. Save your life or the life of a loved one."

Velma

Thelma

Transitions—a bridge to more support

If you or someone you care for has an advanced illness, managing it can seem overwhelming. Between complex medical options, new daily routines, and care arrangements needing to be made, decisions and tasks can start to pile up and cause some individuals to feel hopeless. The transitions program at Caring Circle can help families navigate community resources and even advocate for additional care.

Is there a cost to use this program?

No, the transitions program provides services at no cost. Funds from grants and donations make it so you do not need to worry about how much services will cost. More importantly, the team guides you and your caregiver through the maze of medical networks and choices available to someone with a serious illness. They can even help you access new resources you may not be familiar with.

Why would someone call transitions?

When someone is struggling physically, emotionally, or financially, the transitions program offers a connection to care and community services. Calling Caring Circle means you're no longer alone. You become part of a support system that improves quality of life, provides information, helps gather facts, and makes referrals for treatment.

What does care look like?

Not everyone needs all levels of assistance at once. Patients are at the center of every decision to ensure treatment plans reflect what's most important to them. We are available to:

- Help communicate changes to an individual's condition with their chosen doctor(s)
- Help explain a diagnosis, medical options, and resources
- Suggest additional programs clients and families may be entitled to
- Regularly visit the home or check in over the phone

Who is eligible?

Anyone with an advanced illness, regardless of age or financial status, is eligible and can benefit from the transitions program. While most state and community programs have low-income or age-based guidelines, this is not the case when it comes to the transitions program.

How does someone get started?

Call Caring Circle at **269.429.7100** to schedule an in-person home visit. During this initial meeting we'll ask many questions to assess your personal situation. Our team will begin coordinating services soon after and maintain regularly scheduled calls to:

- Clarify goals so care decisions will reflect what is most important to you and your family
- Discuss the emotional impact of living with an advanced illness or disease
- Identify and access community resources
- Plan for assistance that may be needed now or in the future

Serious illness can affect someone for years. Individuals diagnosed with a metastatic cancer, heart failure, a chronic lung or breathing condition, even dementia, are encouraged to call **269.429.7100**

Working with the families of individuals who have a serious health condition or progressing illness can lead to years of care and support. My goal is to listen and let the patient drive the boat. I ultimately want to be that person who they rely on to always do what's right for them.

- Brandi Edge
Transitions coordinator



Caregivers need care too

Millions of Americans help care for and look after older adult family members or friends. Whether you call yourself a caregiver, or are simply a more hands-on daughter or son, you know that caring for an aging parent or friend can have its rewards and trials.

If you are a caregiver, or expect to be one someday, these tips may help you navigate the way.

1. Have an honest talk about future caregiving plans with your loved ones.
 - It's best to do this while they are still able to handle aspects of their daily lives.
 - If you are an adult child caring for a parent and have siblings, ask the sibling who is most comfortable with the parent to talk to them about it.
 - If you're caring for a spouse, start the conversation by sharing what you'd like for yourself such as an assisted living apartment. Don't assume that the method of care you want is also what your partner wants.
2. Caregivers need to share duties with others.
 - Set a schedule and say, for example, "On Sunday, you can take mom to church; on Monday, you can drive her to the store," and so forth.
3. A burned-out caregiver isn't much help to anyone.
 - Try to get enough sleep. Exhaustion is a common complaint among caregivers.
 - Get regular exercise. Exercise helps ease stress. It also gives you a break from caregiving duties and helps to keep depression at bay.

Call **800.717.3811** and start by talking to someone who can connect you with the right programs and resources to help you manage your situation.

New virtual support group for caregivers

Caring for a loved one can be a gratifying experience. On the flipside, there are times it can become mentally taxing, challenging physically, and even lonely.

Area Agency on Aging and Caring Circle have partnered to launch a free online support group for caregivers. Studies show that individuals who participate in opportunities to share with others experiencing similar circumstances can cope better, receive encouragement, and feel empowered and strengthened to carry on.

These classes are virtual and held online. Interested individuals can register at **caring-circle.org/events** or call **269.429.7100** for more information.



Expanding our footprint to give you more

Community donations and fundraising have made it possible for Lory's Place to expand at its current location. We are excited to report that construction is almost finished. This newly renovated space is creating an atmosphere for grieving adults to reengage in life after the death of someone significant. They can learn new skills, meet new friends, and most of all have local access to a safe and supportive environment.

Peer support groups are valuable for allowing people to share their experience with others and gain the understanding that their feelings are normal and they are not alone. The newly renovated space will encourage care for the whole person and will ensure more community members coping with grief can confidently reenter life without their loved one.

The team at Lory's Place wants to be sure they have something for everyone. They have planned more groups, classes, and individual offerings such as weekly coffee groups, book clubs, poetry and written word sharing sessions, and grief healing educational series.

To learn more about the expansion project, Lory's Place services, or how you can support this essential work, visit lorysplace.org/expansion or call **269.983.2707**.



Grief in young adults

One of life's most painful truths is that death and grief will eventually touch us all. It affects every age group, ethnicity, and gender. Young adults, ages 18 to 25, are often the least likely to receive support. And yet, according to the numbers, there are many who would benefit. The Childhood Bereavement Estimation Model for 2020 calculates that in the State of Michigan, 1 in 13 children (173,000) will experience the death of a sibling or parent by the age of 18. This number more than doubles by the age of 25 (423,000).

Why don't young adults seek help?

There are multiple reasons a younger person doesn't get help for their grief, including life transitions such as college enrollment, moving away from family, and entering the workforce. Within these life transitions, young adults are still developing their identities and bereavement care can be paramount in decreasing the possibility of complications of grief, such as prolonged depression or anxiety.

Lory's Place is working to reach more young adults experiencing grief while they navigate school, social settings, and normal everyday living. A new pilot program has been started to assist these individuals with making sense of their loss and provide healthy coping strategies among their peers. This group is the first of its kind at Lory's Place and the staff have created an environment that considers all the unique circumstances encountered by this younger demographic.

If you know someone who could benefit from a program like this, please encourage them to call Lory's Place at **269.983.2707**. The phone line is answered 24 hours a day, seven days a week because taking that first step toward healing is different for everyone.



Have you given your family this gift?

If the past year has taught us anything, it's that life is full of unexpected turns. We've seen on the news every day all the reasons why we need to plan ahead of a crisis. With that in mind, it's important to create an advance care plan to let your family know what your medical wishes are if you are unable to speak for yourself. Have you given each other the gift of an honest discussion about what would be important to you, and who you would want to speak for you if you couldn't speak for yourself?

When you prepare those who will be speaking for you so that they can be your voice, you're lifting much of the pressure, guilt, and worry from their shoulders. By talking about your wishes ahead of a crisis, it allows everyone to be on the same page.

Everyone 18 and up should have an advance care plan. Naming people you trust to speak for you and talking with them about your preferences in case of a serious accident or illness are the basics. All of it can and should be reviewed and updated throughout your lifetime. Having copies available in case of emergency will further help those who love you.

If you are interested in developing an advance care plan, Caring Circle has specially-trained facilitators available to walk families through these conversations and help in creating their documents. For more information, go to spectrumhealthlakeland.org/acp or call **269.983.8166**



Coping with grief during a pandemic

Grief is touching hundreds of lives in our local community as the COVID-19 pandemic continues.

Talking about the death with friends or others can help you understand what happened and remember that person. Avoiding the issue can lead to isolation and interfere with the healing process.

Caring Circle created new ways to offer the same bereavement care to those anticipating grief and those actively experiencing it. Regularly scheduled support groups moved from in-person groups to one-on-one phone conversations with a bereavement coordinator. Regular family visits were done over the phone as requested by patients for the safest outcomes.

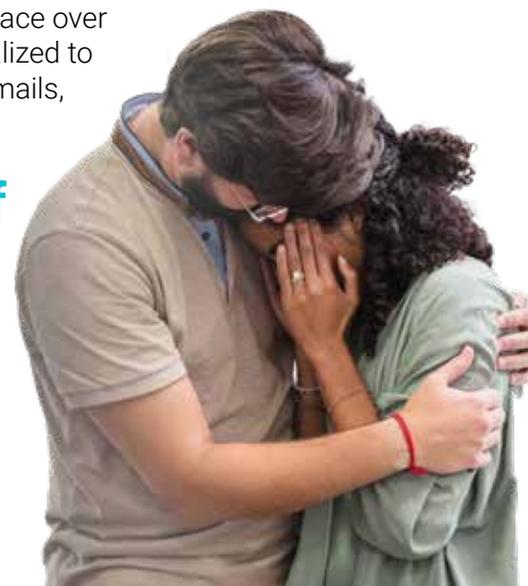
At Lory's Place, strict safety protocols were put in place so that we continue groups if possible. Groups that could be virtual were transitioned and ones that couldn't were paused and one-on-one virtual meetings were held instead. New participants were introduced to Lory's Place over the phone and support was provided. Traditional in-person support was individualized to reach our participants and community outreach partners, through phone calls, emails, social media, and snail mail.

Supporting others and yourself during grief

Spending time with loved ones of the deceased can help everyone cope. Sharing stories or listening to your loved one's favorite music can make a big difference for some grieving people. Helping others also makes you feel better.

Remember and celebrate the life of your lost loved one or friend. Anniversaries of the person's death can be difficult for their family and friends, but also provide an opportunity to remember and honor them.

Visit lorysplace.org for more grief healing support and resources.





Support for veterans facing service-connected conditions

At Caring Circle, we are honored to provide care for many hometown military heroes. For some, the long-term physical or psychological effects can have a significant effect on their health, well-being, and quality of life. We must pay close attention to the vets still living, who've returned home and now cope with unique circumstances.

Our country's largest population of veterans is retiring in record numbers and continues to grow older. Some may begin to experience health issues resulting from their time in the military. These service-connected conditions can be the result of exposure to loud noises, toxins, or other aftereffects of combat. We hear from many veterans not aware of help and benefits available to them. Some individuals already receiving support from Department of Veterans Affairs may not understand how those benefits can be coordinated with local care from community providers.

Veteran support services at Caring Circle is a free community-based program developed to intentionally link veterans with service officers in their county.

For more information, call the Caring Circle veteran support services at **269.429.7100**

Honoring Memorial Day

Every year on the last Monday in May people celebrate Memorial Day. This holiday marks the unofficial start to summer and is often celebrated with a visit to the beach, a trip to a park, or cookouts in the backyard. The true reason for Memorial Day is to honor and remember the men and women who did not come home; the active-duty service members who died protecting our country and those who remain Missing in Action (MIA) or Prisoners of War (POW).

Caring Circle's veteran support services team is partnering again this year with the dietary departments at all three Spectrum Health Lakeland hospitals, as well as with the activities department at Pine Ridge, to provide missing man tribute tables. These tables are a reminder of the empty chair left by those service members who did not come home and a show of support to their loved ones who grieve their absence and carry on their legacy. We encourage you to take a moment of silence and reflect on the ultimate sacrifice paid by these service members for the protection of our freedoms.



One man, over 900 hours volunteered

Ken Wood, an 84-year-old Chicago native who now lives in Bridgman, has given over 900 hours of his time volunteering with hospice patients at Caring Circle. In 2007, Ken felt called to volunteer and began looking for an organization that would be a good fit for him.

Strong in his faith, Ken was in search of a place that would allow him to share his faith with those who found comfort in it. That's when he discovered Caring Circle.

Ken is a very outgoing person, finds joy in social situations, and loves meeting and talking with people. He uses all these attributes to help make a difference in the lives of the patients and families he volunteers with.

Ken recounts a particular gentleman whom he formed an instant connection with. As they spent more time together, the two men soon discovered they shared both a similar background and hobbies. The gentleman told Ken that he particularly missed going to Sunday church services and asked if Ken would share the sermon from his church the next time he came to visit. Ken promised he would pay extra attention so he could share the message with this gentleman each week.

An Army veteran himself, Ken has participated in the We Honor Veterans certificate presentations. He shared that it's been meaningful for him to do this because they all have something in common and he really connects with them. Ken has also reached out to Congressman Fred Upton's office asking for flags flown at the U.S. Capitol for the purpose of presenting to patients. He said that over the course of five years, he's received nearly 20 flags. The veterans and their families are always very appreciative and grateful of the gesture. He recalls many emotional and tearful moments.

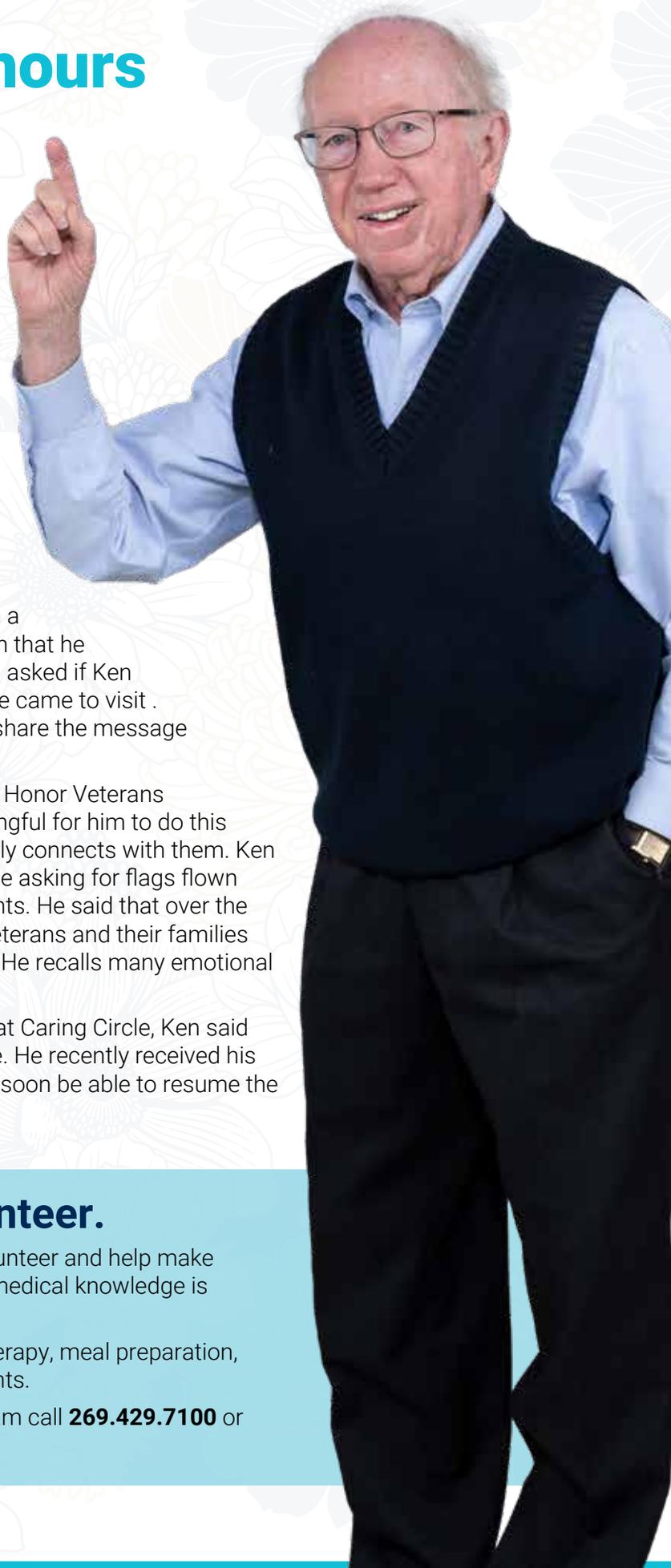
With COVID-19 putting a pause on most volunteer work at Caring Circle, Ken said he misses the opportunity to go out and visit with people. He recently received his second COVID-19 vaccination and is hopeful that he will soon be able to resume the volunteer work he enjoys so much.

Join the team—become a volunteer.

Caring Circle is looking for compassionate people to volunteer and help make a difference in the lives of clients and their families. No medical knowledge is required and all necessary training will be provided.

Volunteer opportunities range from friendly visits, pet therapy, meal preparation, and many other roles that match your interests and talents.

For more information on Caring Circle's volunteer program call **269.429.7100** or visit **caring-circle.org/volunteer**



MYTH: Palliative care is the same as hospice care

A common misconception is that hospice and palliative care are the same thing. You wouldn't be alone if you thought this too. The main difference is that palliative care can be used at any stage of a chronic illness. The illness doesn't have to be terminal in order use the services.

What is it?

Palliative care doesn't replace primary treatments; it works together with the care you are already receiving. It focuses on pain, symptom, and stress management to increase quality of life. A physician's referral is required to begin palliative care services.

Hospice care focuses on the pain, symptom, and stress management during a terminal illness. An interdisciplinary team works with the patient's family and primary care provider to increase quality of life.

Can someone still receive curative treatments?

People receiving palliative care can still pursue curative treatments.

The goal of hospice care is to provide comfort through pain and symptom management, as well as psychosocial support when curative treatments are no longer beneficial or used.

What services are provided?

In palliative care, services include advance care planning, community resources, education on treatment options, in-person and phone visits, and pain and symptom management.

Hospice care includes 24-hour on call service, advance care planning, bereavement, community resources, care in the home, counseling, education on treatment options, inpatient care, medical equipment, medications, pain and symptom management, respite care, spiritual care, and volunteer services.

Who is on the care team?

Palliative care is provided by a physician, physician assistant, nurse practitioner, nurse, social worker, or spiritual care coordinator.

Hospice care is provided by an interdisciplinary team led by a physician and includes a nurse, social worker, spiritual care, certified nursing assistant, volunteers, and bereavement coordinators, as well as other therapies.

How long can someone receive services?

Palliative care doesn't have a time limit on how long you can be on services. Each person's journey will be different and will depend on their needs and the insurance provider and coverage they have.

Hospice care is measured in months, not years, and depends on meeting Medicare, Medicaid, or private insurance's criteria.

Who pays for care?

Palliative care is covered through Medicare part B, Medicaid, and most private insurances. Each payor source is different, and some treatments and medications may not be covered or require a co-pay.

Hospice is covered fully by the Medicare hospice benefit, Medicaid, and most private insurances for care related to the terminal diagnosis. Each payor source is different, and some treatments and medications may not be covered or require a co-pay.

When should I consider care for myself or a loved one?

Palliative care should be considered for anyone with an advanced chronic illness.

Hospice care is often not utilized soon enough when it comes to a life-limiting illness. When the focus of care changes from curative therapies to symptom management and comfort care, hospice should be considered.

Whether you or your loved one would benefit from palliative or hospice care, Caring Circle can help you decide what program and services will best fit your needs. Call us today at **800.717.3811** for more information or for a free nurse evaluation.

Circle of Life award

Caring Circle was recently honored with the 2020 Circle of Life award on behalf of the American Hospital Association (AHA). The Circle of Life award celebrates innovation in palliative and end-of-life care.

Circle of Life award nominations were reviewed and underwent a site visit by a selection committee that included leaders from medicine, nursing, social work, and health care administration.

The Circle of Life award honors programs that:

- Demonstrate effective patient/family-centered palliative and end-of-life care.
- Effectively reach populations who have traditionally underutilized care.
- Partner with community organizations to enhance care throughout the community as a whole.
- Provide medical, psycho-social, spiritual, and cultural support throughout the continuum of care.
- Serve people with life-limiting illness, their families, and their communities.
- Use innovative approaches to meeting the serious illness needs of their communities.

“At Caring Circle, we strive to create meaningful moments for our patients by focusing on quality of life and embracing aging, illness, death, and grief healing as a part of living,” said Melinda Gruber, PhD, vice president continued care services, Spectrum Health Lakeland. “We are honored to be recognized by the American Hospital Association for this important work.”

How we got there

Over the last decade Caring Circle has expanded services, programs, and care to best serve our aging and seriously ill community members.

- Caring Circle added the HouseCalls program.
- Caring Circle, in partnership with Spectrum Health Lakeland, provided funding and training that helped establish PACE of Southwest Michigan, a long-term care program that helps elderly people stay in their homes.
- Caring Circle began working with the Strong Women of Faith breast cancer support group in Benton Harbor to help learn and get guidance on how to expand the use of hospice care to populations that have been traditionally distrustful of specialized care.
- Offering more grief healing resources, Lory’s Place has been able to expand programming to offer specific support groups focused on suicide and overdose loss.
- The COVID-19 pandemic shone more light on the importance of advance care planning. Caring Circle realized the increased need and ramped up efforts in skilled nursing facilities, many of which had experienced significant outbreaks.

Community connections and partnerships are important in getting the right care to everyone in our communities. To learn more about the services and programs provided by Caring Circle or how you can become a part of any community initiatives, call **269.429.7100** or visit **[caring-circle.org](https://www.caring-circle.org)**



Spring Community Calendar

Camp Lifetimes

Grief Ninja Warrior

This one-day bereavement camp hosted by Lory's Place is provided at no cost for children ages five to eleven.

Wednesday, August 11

Lory's Place
445 Upton Drive, St. Joseph

For more information and to register, visit lorysplace.org



Caring Circle and Homecare Open House

Caring Circle and Spectrum Health Lakeland Homecare recently relocated to an office space in Niles. An open house will be held where leadership will present and the community can attend to learn more about the services and care offered.

August 12, 2021 2:00 p.m.

60 North Saint Joseph Avenue, Suite 120, Niles



Lory's Place Expansion Open House

Lory's Place has expanded into the adjacent storefront to provide additional adult grief healing and education resources to our community. Attend an open house to learn more and to hear from leadership and Lory's Place team members.

August 17, 2021 4 p.m. to 6 p.m.

Lory's Place
445 Upton Drive, St. Joseph



Run, Walk, Rock

Begin your day with a beautiful view alongside the marina on the river, past the shoreline of Lake Michigan, and down the historical brick streets of Ridgeway in St. Joseph.

Saturday, September 11

Open start time from 8 a.m. to 8:45 a.m.

Lory's Place, 445 Upton Drive, St. Joseph

Register at lorysplace.org/rwr



Celebration of Life

Our service honors patients and families served by the organization, as well as community members who have died in the previous year. This non-denominational program is open to the public with a time of fellowship at a reception following the service.

September 23, 2021

6:30 p.m.

4025 Health Park Lane
St. Joseph



Welcome new medical staff

Over the last year Caring Circle has added some new faces to our care teams. We are excited for the experience and compassion these providers bring.



Miriam Morgan-Skinner, NP, joins the Caring Circle hospice and palliative care team with over 10 years of experience in the clinical field. Specializing in wound and ostomy, Miriam graduated from Andrews University with her Doctor of Nursing Practice and Family Nurse Practitioner license.

“Working at Caring Circle allows me to serve by providing compassionate care, and quality of life focused care to vulnerable populations in our community. I can provide continuity of care by remaining someone’s provider as they transition through the services we offer.”



Thomas Wright, DO, brings over 30 years of experience in ambulatory care, family medicine, and rehabilitation to the HouseCalls program. Dr. Wright graduated from Michigan State University College of Osteopathic Medicine.

“I came to HouseCalls from Spectrum Health West Michigan where I had a long career in family practice as well as medical staff and medical group leadership. I love bringing primary care to our home bound patients.”

Monthly help for family caregivers

Caregivers often feel they must tend to their loved one’s needs full time; however, burning yourself out can negatively affect your own health. You must take good care of yourself in order to care for others.

Caring Circle provides a monthly Tips for Family Caregivers e-newsletter free of charge with articles like:

- **Supporting a person with arthritis**

Arthritis can generate feelings of frustration and low self-worth. It is a difficult condition to understand as an onlooker. The chronic pain may also lead to fatigue, depression, and anxiety. Fortunately, family support can help break this cycle.

- **Nonverbal signs of pain**

Dementia itself does not cause physical pain. But people with dementia still encounter pain, just like anyone else. Learn the nonverbal signs of pain so your loved one doesn’t suffer.

Tips For Family Caregivers

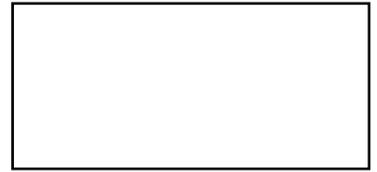
If you would like to receive this free monthly e-newsletter, with caregiving resources, tips, educational opportunities, and inspiration visit, caring-circle.org/familycaregiver and enter your email address



Caring Circle

of Spectrum Health Lakeland

4025 Health Park Lane
St. Joseph, MI 49085



Locations

Caring Circle is about living, loving, and making every day count for our clients, their families, and their friends. As the largest and most experienced community-based palliative care and hospice organization in the area, we offer a quality-of-life focused continuum of care.

We offer this care to you, wherever you call home in Southwest Michigan. To learn more about how we can help you or your loved one, call any of our locations.

Caring Circle, Niles

60 N. St Joseph Avenue
269.695.1099

Caring Circle, St. Joseph

4025 Health Park Lane
269.429.7100

Caring Circle, South Haven

05055 Blue Star Highway
269.637.3825

Lory's Place

445 Upton Drive, St. Joseph
269.983.2707

Merlin and Carolyn Hanson Hospice Center

4382 Cleveland Avenue, Stevensville
269.408.2262

