

Psychosocial Oncology Services

Marie Yeager Cancer Center

Lakeland Cancer Specialists
3900 Hollywood Road
St. Joseph, MI 49085

(269) 428-4411



Marie Yeager
Cancer Center

www.lakelandhealth.org

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Marie Yeager
Cancer Center

Psychosocial Oncology Services at Marie Yeager Cancer Center

Lakeland Cancer Specialists is devoted to helping cancer patients and their families navigate the cancer experience from the time of diagnosis, through treatment and recovery, to the ultimate return to usual roles and life style. The Psychosocial Oncology Program has an experienced clinical social worker and clinical psychologist who understand the stresses of a cancer diagnosis and have the skills necessary to help individuals cope and maintain the best possible quality of life during this time.

Emotional Support:

- Coping skills training and stress management
- Instruction in relaxation skills and meditation techniques
- Behavioral coaching in self-care strategies to manage illness and treatment side effects
- Non-pharmacological strategies for the management of pain
- Marital/family therapy
- Crisis intervention
- Bereavement counseling
- Support groups

Social Support:

- Financial, insurance and employment assistance
- Medicare, Medicaid and disability help
- Access to community resources
- Decision-making and care planning
- Support groups



Jamie Birris, PsyD
Clinical Psychologist
(269) 556-7156

"I was drawn to work with oncology patients because my brother had non-Hodgkin's lymphoma when he was 18. I saw then how important psychological support was for cancer patients and wanted to provide that for others."



Shanin Thomas, LMSW
Licensed Master Social Worker
(269) 556-7161

"I am here to help patients remain focused on their care and overall wellbeing by minimizing the financial stress that can come with cancer."