Bereavement Calendar

YMCA Niles-Buchanan Grief Support Group
Join Lory’s Place and the Niles-Buchanan YMCA for an in-person adult grief group that is open to the public. Adults who have experienced the death of someone significant are invited to take part in the healing process within this comforting and supportive environment. This is an open-ended group which means you can attend or leave whenever you choose. The group is offered free of charge. Please RSVP by calling 269-983-2707 if you plan to attend as space is limited.
Second Wednesday of each month Noon-1 pm Niles-Buchanan YMCA 905 North Front Street, Niles

South Haven Grief Support Group
This is an open-ended monthly bereavement support group available to the public. You are welcome to attend the group as long as you find it helpful. All adults who have experience the death of someone in their lives are invited to take part in the healing process within this comforting, supportive environment. The group is offered at no charge. RSVP to 269-983-2707 to attend.
Second Thursday of each month 1:00-2:00pm Senior Services, Van Buren County 8337 M-140, South Haven

Just Coffee
When you are grieving it can be tough getting out and socializing again. Perhaps those precious moments in the morning once shared with your person are difficult to get through. Having a familiar, comfortable place to go can help ease the transition.
Second Friday of every month 9:00-11:00am Lory’s Place - St. Joseph

Coffee and Crafts
What’s your craft? Come have some coffee and create with fellow crafters be it knitting, crocheting, quilting, jewelry making, scrap booking, or whatever you enjoy.
Second Friday of every month 10:00-Noon Lory’s Place - St. Joseph

Spoken Word: Grief Expressions
A night of creative grief expressions shared through poetry, song, or readings. Each person will have five minutes to share. There is no cost, but please RSVP for attendance. If participating, please submit a copy of what will be shared by Monday, September 26. Please contact Denise Thomas at 269-983-2707 to RSVP.
Monday, October 3 5:30-7:00pm Lory’s Place - St. Joseph

Canvas, Coffee and Cupcakes
A fun night of creativity, socializing and delicious treats! Adults will be guided in the creation of their own acrylic painting on canvas. We will be following a simple four step process and no previous art experience is needed. There is no charge but space is limited to 10 so register early to reserve your seat!
Monday, October 24 6:30-8:30pm Lory’s Place - St. Joseph

Cooking for One
We will have lots of class participation and wonderful foods to taste. Everyone will receive handouts to take home so you won’t have to remember everything from class. The cost for the class is $10, due at the class. You are required to RSVP. In order to hold the class, there needs to be a minimum of 3 people signed up. Please contact Jaime Hoover at 269-429-7100 for more information or to RSVP.
Wednesday, October 26 2:00-4:00pm Lory’s Place - St. Joseph
October - December 2022

**Book Club**
Book choices for each date will be announced 2 months prior. Please RSVP or for more information to Chris Roland at 269-983-2707.

Monday, November 7  5:00-6:30pm  Lory’s Place - St. Joseph

**Holiday Blues**
Our annual program offers an opportunity to participate in meaningful sharing and gain renewed strength to walk through grief during the holiday season. Please contact 269-429-7100 to RSVP.

Tuesday, November 8  Noon  Caring Circle - St. Joseph
Thursday, November 10  Noon  Caring Circle - Niles
Monday, November 14  5:30pm  Lory’s Place - St. Joseph
Wednesday, November 16  Noon  Caring Circle - South Haven

**International Survivors of Suicide Day**
One million people die by suicide every year. They leave behind countless family members and friends to make sense of it. In November, survivors of suicide loss come together at healing conferences in their communities and online for support and guidance. If you have lost someone to suicide, this conference is for you. You’ll get to hear from other survivors about how they cope. The program also features experts sharing what we now know about suicide and grief. Please RSVP to 269-983-2707 prior to attending.

Saturday, November 19  1:30pm  Lory’s Place - St. Joseph

Regularly scheduled support group sessions at Lory’s Place, a grief healing and education center of Caring Circle, are a safe harbor where children in preschool through high school, as well as adults, can work through their grief in age-appropriate peer groups.

The bereavement programs and services provided by Caring Circle and Lory’s Place are made possible through the generosity of our many donors and volunteers and are provided to all at no cost, as a community service.