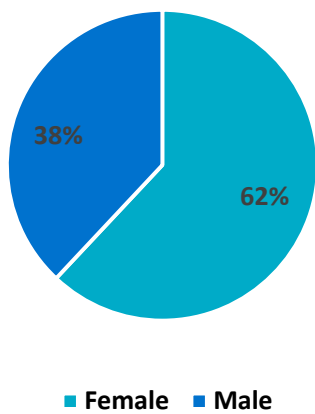


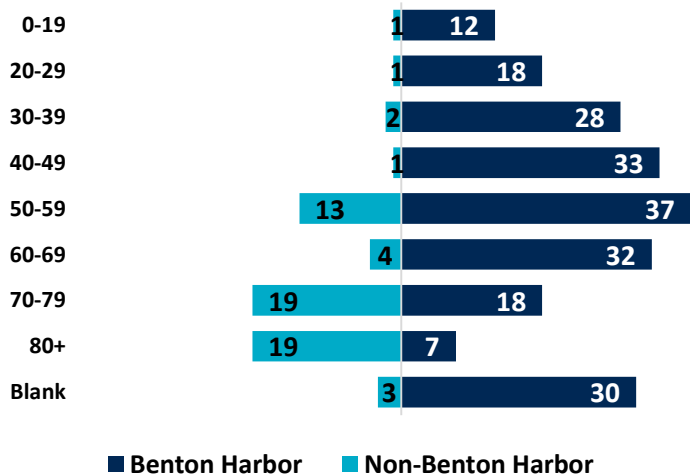
# Center Operations

The Center for Better Health provided navigation services (legal and other social needs such as food and utilities), PPE and lead filter distribution, health screening and coaching, and mental health services. The majority of visitors to the center were from Benton harbor. Most visitors were middle aged. Visitors from outside Benton Harbor were generally younger.

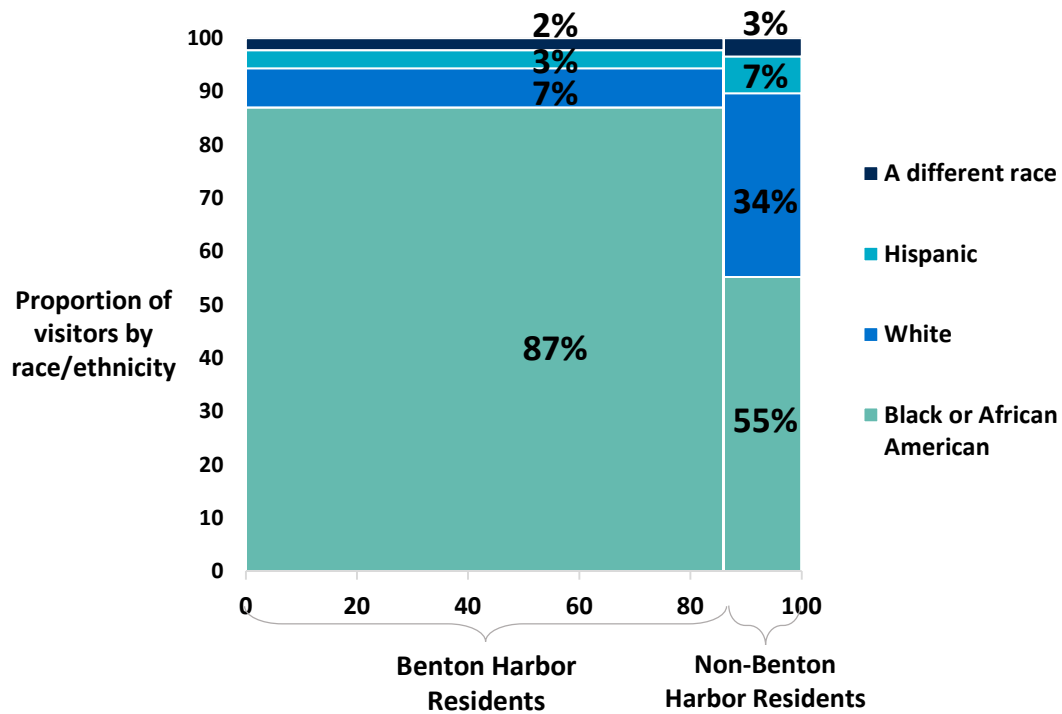
The majority (62%) of visitors who provided information on their gender identified as female.



Benton Harbor and Non-Benton Harbor Visitors by Age

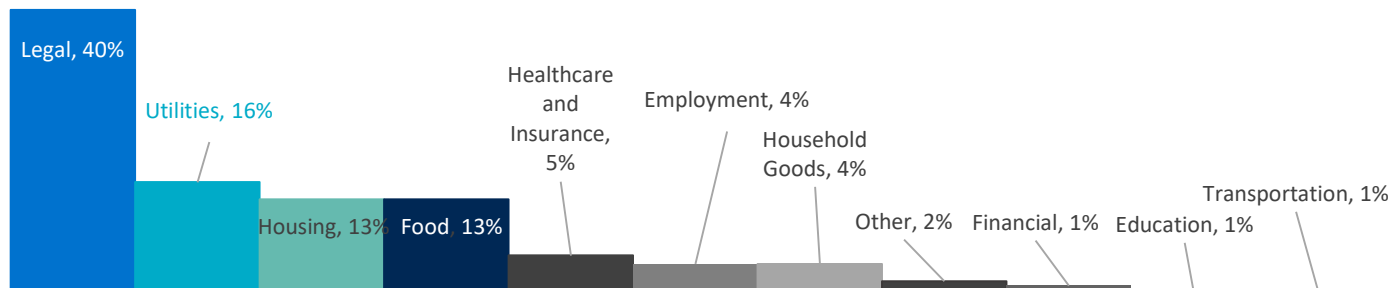


Most visitors to the center identified as Black, including visitors who live outside of Benton Harbor.



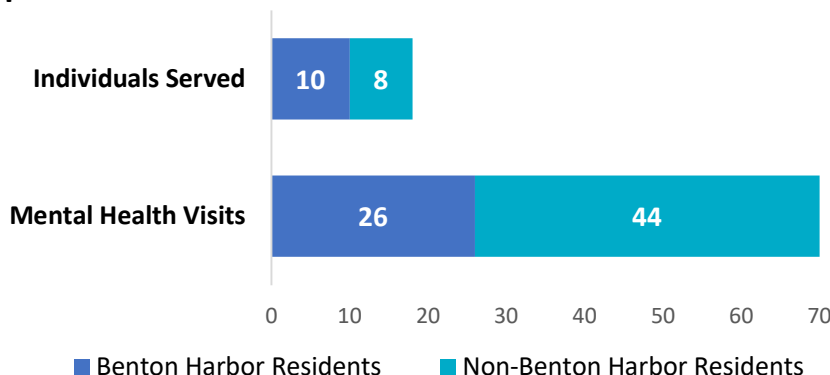
# Center Operations

The most frequently accessed navigation services at the Center for Better Health were **legal services**, **help with utilities**, and **housing** and **food assistance**.



Personal protective equipment was also provided at the center. In total, 186 PPE kits (containing 4 masks, hand sanitizer, and disinfectant wipes) were distributed. **Benton Harbor residents were the recipients of 164 (88%) of the kits distributed at the center.** Additionally, 92 water filters/cartridges to remove lead were distributed.

**About half (56%) of mental health clients who provided an address were from Benton Harbor.**



In total there were 76 mental health visits representing 21 individuals. Most (63%) appointments were with clients outside of Benton Harbor. Three individuals (using mental health services 6 times in total) did not provide an address. These clients used mental health services 6 times in total.

The most frequently used health service was blood pressure screenings- which was a part of 87% of all health visits. In total there were 69 health service visits representing 65 individuals. **Of these individuals, 49 (75%) live in Benton Harbor.**

Health Service Accessed During Visit	Number of Events
Flu Shot	20
Cholesterol Screening	39
Blood Pressure Screening	60
Body Composition Screening	22

# Center Operations

## Where the Center for Better Health Patients Came From

